

Maslow's Hierarchy of Needs is defined in our CYSE 2015 Module 4 slides as, "Abraham Maslow's hierarchy of needs suggests that all humans have needs that exist on a hierarchy. His theory suggests that as our lower-level needs are met, we begin to focus on meeting our upper-level needs". There are five levels on the pyramid, the lowest level is labeled physiological needs which are food, water, warmth and rest. The next level up is safety needs which are security and safety. The next level up is belongingness and love needs which include intimate relationships and friends. The second to highest level is esteem needs that include prestige and feeling of accomplishment. The top level is self-actualization defined as achieving one's full potential including creative activities.

The physiological needs relate to my experience with technology by always having my cellular device on me so that I can communicate with others and to find out information instantly at my fingertips. If I can't remember my passcode when my face ID doesn't work, then that would be very scary in the sense of not being able to get in contact with anyone or even if it was an emergency and I could not call 911 it would almost be equivalent to losing my phone. When I have my phone, my physiological needs are met. The safety needs are next and if someone hacked into my phone and got all my valuable data then they could essentially commit fraud and I can be in a financial crisis. Once I change my passwords, freeze my cards and get in contact with my bank to order new cards then everything is back to normal but until then my safety needs are not met. The belongingness and love needs are related to my experience with technology in the sense of having social media accounts, emails and text messaging to connect with friends and family. If I can get into contact with everyone and make new friends along the way, then my needs are met. Next, my esteem needs are related to my experience with technology by being able to receive feedback of what I am doing and trying to accomplish in life like earning my bachelor's degree in Cybersecurity at ODU and hearing and reading positive or negative comments about it can fulfill those needs. Finally, my self-actualization needs can be met with my experience with technology by successfully earning my degree or goals and creating something with it. Maybe one day I can create a new technology that prevents hackers from doing their job but until then those needs are not met.