

The media often has a depiction or image of cybersecurity or hackers that they often assume they look a certain way, they work alone or with a group of people in an abandoned building. The media is often wrong because usually they have inaccurate definitions or outlooks on a lot of professions. The media influences our understanding about cybersecurity when they show someone in front of a computer screen or watching over a system with multiple screens like they are surveilling and monitoring for attacks. Sometimes it can look to be stressful but a lot of the times it isn't.

If a cybersecurity team has proper training and assessments, it shouldn't be difficult but in fact easy to monitor a system when everything is up to date and patches are covered when and if a vulnerability is found. Also, it is okay if something does happen like a breach, if their data is backed up in the cloud or in another safe platform, then the data isn't lost for good. Media often overexaggerates a scenario in the cybersecurity profession but rest assure it shouldn't look that way especially when a hacker can get into a system fast because that is also not the case. Hackers spend a tremendous amount of time studying and waiting to attack a system or an individual's account, it just isn't that easy and quick to do without prior steps taken. Do not automatically assume things when watching shows or movies because often times it is a wrong portrayal of cybersecurity or a hacker.