

CURRICULUM VITAE

NAME:

Stephanie D. Bettis, BSDH, RDH, CDA

CURRENT DATE:

July 2026

CAMPUS ADDRESS:

Germanna Community College

2130 Germanna Highway

Locust Grove, Virginia, 22508

Email: Sbettis@germanna.edu

Office Phone: 540.423.1972

EDUCATION:

2024-Present

Master of Science, Dental Hygiene (Candidate)

Concentration – Education

Old Dominion University

Norfolk, Virginia

2019-2023

Bachelor of Science, Dental Hygiene

Minor – Psychology

Old Dominion University

Norfolk, Virginia

2015-2017

Associate of Applied Science, Dental Hygiene

Northern Virginia Community College/Germanna

Community College

Springfield/Locust Grove, Virginia

EXPERIENCE:

Academic Experience:

2025

Internship (Fall Semester)

(Program Director Shadowing – Dr. Misty Mesimer)

Old Dominion University/Germanna Community College

2023 – Present

Full-Time Instructor

Germanna Community College, Dental Hygiene and Dental

Assisting Programs

2024

Teaching Practicum DNTH 699 (Fall Semester)

Old Dominion University, School of Dental Hygiene

2023

Part-Time Instructor

Germanna Community College, Dental Hygiene and Dental
Assisting Programs

PRIVATE PRACTICE:

2025-Present

Teero (Temp)

Registered Dental Hygienist
Virginia

2023-2025

Registered Dental Hygienist (Part-Time)

Fredericksburg Dental Care
Spotsylvania, Virginia

2021-2023

Registered Dental Hygienist (Full-Time)

Fredericksburg Dental Care
Spotsylvania, Virginia

2020-2021

Registered Dental Hygienist (Full-Time)

The Foleck Center
Virginia Beach, Virginia

2017-2019

Registered Dental Hygienist (Full-Time)

Marshall Dental
Fredericksburg, Virginia

2011-2017

Dental Assistant/Front Desk Coordinator (Full-Time)

Marshall Dental
Fredericksburg, Virginia

TEACHING:

Courses taught at Germanna Community College:

Summer 2026

DNA 114 Chairside Assisting II
DNA 190 Coordinator Internships

Spring 2026

DNA 108 Dental Science
DNA 114 Chairside Assisting I (Lecture Only)
DNA 134 Dental Radiology and Practicum
DNH 130 Oral Radiology for Dental Hygiene

DNH 141 Dental Hygiene I
DNH 235 Management of Dental Pain and Anxiety
(Lecture Only)

Fall 2025

DNA 119 Dental Therapeutics
DNA 130 Dental Office Management (Lab Only)
DNA 140 Externships (Lab Only)
DNH 120 Management of Emergencies
DNH 142 Dental Hygiene II
DNH 216 Pharmacology

Summer 2025

DNA 114 Chairside Assisting II
DNA 190 Coordinated Internships
DNH 244 Dental Hygiene IV (Clinic Only)

Spring 2025

DNA 108 Dental Science
DNA 134 Dental Radiology and Practicum
DNH 130 Oral Radiography for Dental Hygiene
DNH 141 Dental Hygiene I
DNH 235 Management of Dental Pain and Anxiety
(Lecture Only)

Fall 2024

DNA 119 Dental Therapeutics
DNA 130 Externship (Lab Only)
DNA 140 Dental Office Management (Lab Only)
DNH 120 Management of Emergencies
DNH 142 Dental Hygiene II
DNH 216 Pharmacology

Summer 2024

DNA 114 Chairside Assisting II
DNA 190 Coordinated Internships
DNA 214 Indirect Restorative Techniques
DNH 244 Dental Hygiene IV (Clinical Only)

Spring 2024

DNA 134 Dental Radiology and Practicum
DNH 130 Oral Radiography for Dental Hygiene
DNH 141 Dental Hygiene I
DNH 143 Dental Hygiene II (Clinical Only)

**DNH 235 Management of Dental Pain and Anxiety
(Lecture Only)**

Fall 2023

**DNA 119 Dental Therapeutics
DNA 130 Dental Office Management
DNH 216 Pharmacology
DNH 244 Dental Hygiene IV (Clinical Only)
DNH 245 Dental Hygiene V (Clinical Only)**

Summer 2023

**DNH 120 Management of Emergencies
DNH 142 Dental Hygiene II (Clinical Only)
DNH 235 Management of Dental Pain and Anxiety
(Lecture Only)**

STUDENT MENTORING:

Summer 2026

Nine Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The students are expected to graduate in December 2026.

Spring 2026

Five Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The students are expected to graduate in December 2027.

Two Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The students are expected to graduate in December 2026.

Fall 2025

Two Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to

enhance their professional and personal growth—the student's expected graduation date: December 2026.

Four Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The student successfully graduated in December 2025.

Summer 2025

Seven Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The student successfully graduated in December 2025.

Spring 2025

Five Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth—the student's expected graduation date: December 2026.

Fall 2024

Two Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth—the student's expected graduation date: December 2025.

Five Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The student successfully graduated in December 2024.

Summer 2024

Ten Students. Bettis S. Healthcare Certificate, Dental Assistant. Provided academic, career, and personal

development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth. The student successfully graduated in December 2024.

Spring 2024

Five Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth—the student's expected graduation date: December 2025.

Fall 2023

Two Students. Bettis S., Associate of Applied Science, Dental Hygiene. Provided academic, career, and personal development advising to the student, offering guidance on coursework, career placement, and strengths assessment to enhance their professional and personal growth—the student's expected graduation date: December 2023.

HONORS, AWARDS, AND PRIZES:

Spring 2026

American Dental Education Association/Crest Oral B Dental Hygiene Student Pursuing Academic Careers Scholarship \$3000.00

Spring 2025

Recognition Award in April 2025.
Germanna Community College. Commitment to Excellence.

Summer 2025

Virginia Dental Hygiene Association Scholarship
Alice Hinchcliffe Williams Merit \$1500.00
Old Dominion University

Fall 2024

Star Award in October 2024.
Germanna Community College. Acknowledged for outstanding performance.

Fall 2024

Old Dominion University
ODU Global Scholarship \$1000.00

Spring 2024

Recognition Award in April 2024.

Germanna Community College. Commitment to Excellence.

MEMBERSHIP IN PROFESSIONAL SOCIETIES:

2023 – Present	American Dental Education Association Section on Dental Hygiene Education, Member
2024 – Present	American Dental Hygienists' Association Member
2024 – Present	Virginia Dental Hygienists' Association Member

PROFESSIONAL SERVICES:

2026	American Dental Education Association Section for Dental Assistant Education, Co-Chair
2025	American Dental Education Association Section for Dental Assistant Education, Secretary Position.
2024	Dental Radiology, Iannucci, J. & Howerton, L. Seventh Edition. Reviewer. • Invited to review the entire book. Publication 2026.

COMMUNITY COLLEGE SERVICES

2026	Germanna Welcome Days, Faculty Volunteer SCE and Rewards and Recognition Committee Co-Chair and Member
2025	Germanna Welcome Days Faculty Volunteer SCE and Rewards and Recognition Committee Member Calendar Committee Member
2024	SCE and Rewards and Recognition Committee Member Commencement Committee Member

Germanna Welcome Days

Faculty Volunteer

2023

Germanna Welcome Days

Faculty Volunteer

Open House, Locust Grove

Faculty Volunteer

COMMUNITY ENGAGEMENT:

2026

Growing Strong Kids Wellness Fair, Fredericksburg, VA

Dental Hygiene Instructor

2026

Intra-professional Disaster Simulation, Locust Grove, VA

Dental Hygienist Instructor/Volunteer

2025

Health Science Open House, Locust Grove, VA

Dental Hygiene Instructor

2025

Aerojet Employee Health Fair, Orange, VA

Dental Hygiene Instructor/Volunteer

2025

Piedmont Smiles Mission of Mercy, Bealeton, VA

Dental Hygiene Instructor/Volunteer

2025

Dental Networking Event, Fredericksburg, VA

Dental Hygienist/Dental Assistant Instructor

2025

Health Science Camp, Stafford, VA

Dental Hygienist/Dental Assistant Instructor

2025

STEAM-H Day, Spotsylvania, VA

Dental Hygienist/Dental Assistant Instructor/Volunteer

2025

Intra-professional Disaster Simulation, Locust Grove, VA

Dental Hygienist Instructor/Volunteer

2025

Give Kids A Smile, Fredericksburg, VA

	Dental Hygiene/Dental Assistant Instructor/Volunteer
2024	Aerojet Employee Health Fair, Orange, VA Dental Hygienist Instructor/Volunteer
2024	Give Kids A Smile, Fredericksburg, VA Dental Hygiene/Dental Assistant Instructor/Volunteer
2024	STEAM-H Day, Spotsylvania, VA Dental Hygienist/Dental Assistant Instructor/Volunteer
2024	Employee Health Fair Germanna, Spotsylvania, VA Dental Hygienist/Dental Assistant Instructor/Volunteer
2024	Intra-professional Disaster Simulation, Locust Grove, VA Dental Hygienist Instructor/Volunteer
2024	EMS-Dental Medical Emergency Simulation, Locust Grove, VA Dental Hygienist Instructor
2023	Remote Area Mission, Warsaw, VA Dental Hygienist/Dental Assistant Instructor/Volunteer
2023	Give Kids A Smile, Fredericksburg, VA Dental Hygiene/Dental Assistant Instructor/Volunteer
2023	Intra-professional Disaster Simulation, Locust Grove, VA Dental Hygienist Instructor/Volunteer

PROFESSIONAL DEVELOPMENT:

July 2026	MyoMentor Myofunctional Therapy
January – December 2026	Next Level Leadership Germanna Community College
January-December 2025	Educators Platform Direct

Leadership Experience for Aspiring Dental Program
Directors

2025	Mental Health First Aid (Certification)
2025	Teaching Pre-Clinical Topics (Dental Hygiene)
2025	Teaching Pharmacology (Dental Hygiene)
2025	Teaching Periodontal Classifications (Dental Hygiene)
2025	Teaching Dental Radiology (Dental Hygiene/Dental Assisting)
2025	Teaching Nutrition (Dental Hygiene)
2025	Mentoring and Student Support (Dental Hygiene/Dental Assisting)
2025	FERPA and HIPAA for Higher Education Faculty and Staff
2025	Helpful Resources in Dental Hygiene Education
2025	Communication in the Workplace
2025	Compassionate Leadership
2025	Visual Aids in Dental Hygiene Education
2025	Integrating Narrative Techniques in Dental Hygiene Education
2025	Maintaining Respect and Civility in the Workplace
2024	CDCA-WREB-CITA
2024	Gen Z Learners
2024	Overcoming Burnout

2024	Fostering Inclusion in the Workplace
2024	Diversity: Thinking Styles and Inter-Cultural Communications
2024	Maintaining Teacher Presence in the Online Classroom
2024	Meeting Students where they are (Refusing to leave them there)
2024	How to be an Inclusive Leader
2024	Power of Persuasion
2024	Creating an Inclusive Classroom
2024	“Perfect Syllabus”
2024	Screening for Success
2024	Working with Disabled Students
2024	Supporting Pregnant and Parenting Students
2024	Helping Students Retain Information
2023	Growing with Canvas
2023	RSI Training
2023	Managing Priorities to Maximize Your Day
2023	New Faculty Academy
2023	Diversity in the Workplace
2023	Teamwork to Promote Success and Productivity

CONTINUING EDUCATION:

April 2026	Clinicians Platform Medical Emergencies
April 2026	Clinicians Platform Local Anesthesia
March 2026	Clinicians Platform Vaping – The Unsafe Alternative
March 2026	Virginia Dental Hygienists' Association Scientific Session (15 CEs) Online – Zoom
March 2025	Virginia Dental Hygienists' Association Scientific Session (15 CEs) Falls Church, Virginia
January 2025	Virginia Department of Health on Radiation Safety in VA (1 CE) Online (Zoom)
March 2024	Virginia Dental Hygienists' Association Scientific Session (15 CEs) Richmond, Virginia
March 2023	Virginia Dental Hygienists' Association Scientific Session (15 CEs) Falls Church, Virginia

To the best of my knowledge/ability, this CV is accurate.

Stephanie D. Bettis