

## Reflection 3

Reflecting on my 150 hours at the Brooks Crossing Innovation Lab, I realize how much this internship has helped me grow creatively and professionally. Over these last 50 hours, I've expanded my people skills, especially in guiding others through their creative processes. I've also gained even more hands-on experience with the equipment, which has deepened my technical skills and creativity.

One of my favorite projects was 3D printing a vinyl holder for the Cricut vinyl and an ODU pumpkin, which I'm absolutely thrilled with! I also had an interesting experience assisting a woman with a sewing craft. At first, she was quite frustrated, but I remained patient and supportive, helping her complete her project. This situation reminded me of how crucial people skills are, especially in managing challenging situations. Additionally, I had the chance to make 30 hats for volunteers at a STEM event, which felt rewarding as I contributed to the broader community.

Beyond that, I learned how to stain wood for the coasters I've been working on, made more stickers (including some for a new school, Tiger Tech), and even learned how to use the Cricut's drawing feature. Each project has introduced me to new tools and techniques, and

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this internship continues to encourage my curiosity and creativity. I'm excited to carry these skills forward and keep exploring all that the Innovation Lab has to offer.

### Photos I Took During these 50 hours

3D Printed Pumpkin	30 Hats I Made for STEM	3D Vinyl Holder	Sticker for Tumbler
			
Tiger Tech Stickers	Staining of Coasters	Cricut Drawing Setting	
			