

Discussion Board Post #3

Look up food eaten in "Perú-South America"

Choose a typical dish, say why you chose that dish and explain what is it made out of.

Original post: 10/22 replies 11/1

Remember all Discussion Boards will be conducted in English.

Don't forget to add two comments to two peers in order to get full credit.

When looking up foods eaten in Peru, I chose ceviche. Ceviche, which can be made of raw shrimp or fish (I've even heard of it being made with sea urchin, if you've seen the film *American Psycho*). I chose this dish because it is unique in that it isn't cooked over heat, but is soaked in citrus (lemon or lime). The acidity from the citrus actually works as a cooking agent for the shrimp, and the dish is served cold. Other ingredients are often added in, like peppers, onions, tomatoes, and cilantro. Ceviche is typically served as an appetizer with tortilla chips on the side, and garnished with things like cucumber, avocado, and jalapeños. I've never had it before, but I would definitely be willing to try it.