

Contact

t.d.lamell@gmail.com

www.linkedin.com/in/te-quan-lamell-6b705992 (LinkedIn)

Top Skills

Teamwork

Time Management

Spanish

Languages

English (Native or Bilingual)

Spanish (Native or Bilingual)

Certifications

Microsoft Security Essentials
Professional Certificate by Microsoft
and LinkedIn

Heartsaver CPR AED Classroom

Applications of Generative AI in
Learning and Development

Te'Quan Lamell

Old Dominion University Cybersecurity Student | Special Education
Paraeducator

Norfolk, Virginia, United States

Experience

Virginia Beach City Public Schools

Special Education Paraeducator

July 2025 - Present (9 months)

Virginia Beach, Virginia, United States

Performing classroom duties and executing specialized tasks to enhance instructional objectives

Carrying out behavioral and educational assistance in accordance to the student's IEP.

Provide written and spoken translation services for Spanish-speaking students as needed.

Old Dominion University

Undergraduate Student

December 2023 - Present (2 years 4 months)

Bachelor of Sciences in Cybersecurity, Expected Dec 2027

GPA: 3.64/4.0

Relevant Coursework: Intro to Networking & Security; Basic Cyber Programming & Networking; Cyber Law; Cybersecurity Ethics; Linux System for Cybersecurity; Windows System Management & Security; Writing, Rhetoric & Research

Norman Public Schools

Special Education Paraprofessional

August 2024 - May 2025 (10 months)

Norman, Oklahoma, United States

Henrico County

Special Education Instructional Assistant

September 2022 - August 2024 (2 years)

Henrico County, Virginia, United States

Assisted with classroom management and behavior modification, as well as community based instruction, personal care tasks, and instructional programming for exceptional education students.
Provided written and spoken Spanish translation services as needed.

Management Services Corporation

1 year 4 months

Groundskeeper

June 2019 - August 2020 (1 year 3 months)

Turnover Technician

May 2019 - June 2019 (2 months)

Aramark

Supervisor

September 2016 - May 2019 (2 years 9 months)

Harrisonburg, Virginia

Management Services Corporation

Turnover Technician

July 2018 - September 2018 (3 months)

Harrisonburg, Virginia

Education

Old Dominion University

Bachelor of Science - BS, Cybersecurity · (December 2023)

James Madison University

Integrated Sciences and Technology · (2013 - 2016)