I talked to the FBI, ManTech, Aermor, Apex Systems, and Serabrynn. Serabrynn stood out because the guy at Serabrynn talked about what kinds of things they do at their company which was cool because they get hired by companies to assess or improve their systems and procedures or respond to cyber vulnerabilities or attacks. Apex Systems also stood out because they seemed to have more opportunities for entry level internships compared to others. Aermor was more looking for jobs because they don't do much with internships, but they said to just talk to people, and you will be able to find one. The FBI gave out resume templates for applying to their internships or jobs. Applications for their internships are open in September for the next summer. Some of the internships at Apex Systems are entry level internships and they can work around your schedule by doing it at night, during the summer, or on weekends.