
Hardworking cook with 4+ years of experience in high-volume restaurants excels in multitasking and following directions. My knife skills grace under pressure and intensive kitchen background ensure that I always put out high-quality plates even during the busiest rushes. Dedicated to increasing efficiencies and delighting customers while continually striving to improve.

Professional Experience

Cook

Ballyhoos | October 2018 - January 2019

- Created stock and prepared delicately balanced soups from scratch
- Assembled composed salads and aesthetically grouping food items
- Reinforced kitchen safety and sanitation practices
- Manage time effectively when preparing and cooking food orders to minimize customers wait time and increase kitchen efficiencies

Certification

ServSafe Certification

OSHA 10hr General Industry Certification

Kitchen Manager

Pho 79 | January 2019 - October 2022

- Served as saucier and poissonier, managing all aspects of sauted and grilled dishes for award-winning Vietnamese cuisine restaurant
 - Tracked and ordered supplies and food items, closely monitoring budget and vendor prices
 - Proficient in preparing ingredients, including cutting meat and chopping/peeling vegetables and fruits.
 - Monitor food quality and ensure items are stored appropriately
 - Recommended improvements to plate presentation, receiving high praise from management and improving customers experience
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Education

Associate Degree in CyberSecurity

Tidewater Community College at 1700 College Crescent | September 2019 - June 2022

Bachelor's degree in Cybersecurity Fall 2024

Old Dominion University September 2022 – December 2024

Diploma

Kempsville High at 5194 Chief Trail, Virginia Beach, VA 23464 | September 2012 - June 2016

Completion in Telecommunications 1 & 2

Advanced Technology Center at 1800 College Crescent, Virginia Beach, VA 23453 | September 2016 - August 2017

This is a wide range of information-transmitting technologies and communication infrastructure, such as wired phones, fiber optics, radio and television, broadcasting, and telegraphs.

Certified Data Cabling Installer in DC111166487

Advanced Technology Center at 1800 College Crescent, Virginia Beach, VA 23453 | September 2016 - August 2017

Data or network cabling involves multiple devices within an IT network, being connected by cables this IT cabling comes categories such as CAT5e, CAT6 and fibre options.

Key Skills

- . Collaboration & Teamwork
 - Works well under pressure
- . Great Customer Service (Strong communications)
 - Attention to details
- . Leadership skills