

Tyler Alexander Provencal

Summary

Cybersecurity student at Old Dominion University with hands-on experience in network security, vulnerability assessment, penetration testing, and cybersecurity operations. Skilled in Python, Linux, Wireshark, Nmap, Metasploit, and risk assessment methodologies. Proven leadership experience as Secretary of Pi Kappa Phi and strong customer service background. Seeking a cybersecurity internship or entry-level security/IT position to apply technical skills and continue developing expertise in cyber defense.

Education

Old Dominion University, Norfolk, VA

Expected December 2026

Bachelor of Science in Cybersecurity

GPA-3.41

TECHNICAL SKILLS

Security Tools:

Wireshark, Nmap, Metasploit, pfSense, Steghide

Programming Languages:

Python, C++

Operating Systems:

Linux, Windows

Cybersecurity Concepts:

Network Security, Vulnerability Assessment, Penetration Testing, Risk Assessment, Access Control, Digital Forensics, Cryptography

Software & Systems:

ServiceNow, CBORD CS Gold, IPConfigure, Orchid VMS

Professional Skills:

Leadership, Communication, Teamwork, Customer Service, Problem Solving

Work Experience

Cyber News Live

Cybersecurity & Media Intern | Reston, VA (Hybrid) | **June 2026 – Present**

- Research and analyze cybersecurity incidents, ransomware attacks, data breaches, and emerging cyber threats using OSINT and cyber threat intelligence (CTI) methodologies.
- Create and publish cybersecurity content, news articles, and threat summaries for web and social media platforms.
- Conduct open-source intelligence (OSINT) investigations to verify cyber threat information and support cybersecurity reporting.
- Assist with website content management and publishing using WordPress, Elementor, and HubSpot CRM.

- Collaborate with a global team on cybersecurity awareness, digital media, and marketing initiatives.
- Support the delivery of timely and accurate cybersecurity news to a worldwide audience.

Old Dominion University – Innovation Lab

Program Assistant | Norfolk, VA | January 2026 - May 2026

- Assisted with daily lab operations and front-desk support for students, faculty, and visitors.
- Helped set up workshops and events and maintained organized, safe workspaces.
- Guided users with basic equipment/software and enforced lab policies and procedures.
- Collaborated with staff to troubleshoot issues and improve user experience.

Moving Specialist at JK Moving

May 2025 - August 2025

- Safely packed, loaded, transported, and unloaded residential and commercial items while ensuring careful handling and protection of property. Disassembled and reassembled furniture and equipment as needed for efficient transport. Organized and secured loads in trucks to prevent shifting or damage during transit. Provided excellent customer service through professionalism, reliability, and attention to detail.

Secretary at Pi Kappa Phi Fraternity, ODU

2023 – Present

- Manages administrative and communication tasks to ensure the smooth operation of the organization. Responsibilities typically include taking detailed minutes during meetings, maintaining membership records, handling correspondence, and distributing important information to members. They may also assist in organizing events, updating the fraternity's calendar, and ensuring compliance with university or national fraternity policies. This role requires strong organizational skills, attention to detail, and effective communication to support the fraternity's leadership and members.

Server at Ashby Ponds

April 2022 – April 2023

- A server at a retirement home community provides dining services to residents, ensuring a pleasant and efficient meal experience. Their responsibilities typically include taking meal orders, serving food and beverages, and maintaining cleanliness in the dining area. They often assist with setting up and clearing tables, addressing dietary preferences or restrictions, and ensuring residents feel valued and cared for during meal times. This role requires excellent communication, patience, and a focus on customer service, as it involves working with an older adult population in a supportive environment.

Customer Service Relations Coordinator at Harris Teeter

2020 – 2022

- They act as a liaison between customers, store associates, and various departments within the corporate office. Their responsibilities include addressing customer inquiries and concerns, facilitating communication among departments, and contributing to the company's commitment to service excellence. This position requires excellent communication and interpersonal skills, a dedication to unparalleled customer service, and the ability to manage multiple tasks effectively.

Extra-Curricular Activities

ODU Cybersecurity Student Association

August 2022-Present

ODU Intramural Football & Basketball

August 2022-Present

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Volunteer ODU

November 2022-

Certifications

CompTIA Security+ (Currently Pursuing)

Expected 2026