

Complete the Social Media Disorder scale [Links to an external site.](#) How did you score? What do you think about the items in the scale? Why do you think that different patterns are found across the world?

I scored well in my opinion; I did not reach at least five out of the nine criteria that must be met for a formal diagnosis of “disordered social media user.” I answered yes to only 3 out of the nine. The three I answered yes to were preoccupation, displacement, and escape. The items in the scale are self-explanatory and easy to understand. I think more and more as the years go on and the increase of social media the diagnosis of disordered social media user will increase. Nowadays at young ages children are on social media for example my nephew is three, but he loves being on YouTube. The patterns are different worldwide because some places have limited internet access while others have a lot of access. Like for someone in the United States internet access is not hard to come by as someone can just go to the library while in third world countries it is no way for some to have access to internet which makes them not social active at all. Certain religions can also come into play while involving social media or the internet. Some social media sites are more popular in certain regions. Certain social media sites are not able to use in certain regions also for example a current one is a situation going on now with the government trying to ban TikTok in the United States because of China.