

Essay 2

“ I am not good at using swords, navigating the seas, or even cooking. But that is why I have my friends to help me be better, and become better overall as a pirate king” (Oda episode 37). This is a quote by a character named Monkey D Luffy from an anime called One Piece. In this quote the character is stressing the fact of asking for help, and receiving it can make you into a better person. The misconception of asking for help leading to others to think you are weak should be abolished. It is entirely false and there are many negative effects to living by that concept, such as poor performance, possibly the rejection of others, and not being better at certain fields.

The first one on the list is possibly the most important negative effect of not asking for help. When someone has trouble understanding a topic of anything not asking for help will not help you gain the knowledge you're looking for. Sometimes asking someone in person is the best way to help you understand the material. People can often do a great job breaking down and making the material easier to comprehend. Which inevitably leads to you getting a good grade on an assignment. Disregarding the help of others only leaves you to not understand the material and leads to poor performance on assignments.

People today are usually always open to helping others, but if you are constantly rejecting others because the idea of being weak then you'll always see others as weak. People will think of

other reasons why you don't ask for help. Which can sometimes be bad in future situations. If you decide to overcome your fear and approach people asking them for help, people are most likely going to reject your offer, leading you to just struggle and be by yourself when needed to work.

The last one is very important and can affect you in the long run. When you do not ask help from others you're only belittling yourself. Constantly thinking that you're going to be seen as weak, and that no one will like you. What people forget is that everyone starts from somewhere and they do not start off as pros, but they ask people for help throughout their journey to become good at something whether is be sports or school. Asking for help can only lead you to become a person and recognize your weaknesses, helping you to become smarter and better at whatever you like to do.

In the end, nobody is good at everything. That is why we do not need to be embarrassed of asking others for help, but instead embrace the fact that you do not understand the material, or do not know how to do something, leading you to ask for help. Even if someone views you as weak for asking for help it should not bother you, because you know that you're getting the information needed, gaining more knowledge and being the person you want to be.