



## SEEKING TEENS AGES 12-18 FOR RESEARCH STUDY ON SOCIAL STRESS AND SUICIDE RISK

This study will help us learn how social stress impacts suicide risk.

**Who is eligible?** Teens ages 12-18 who were recently in the hospital (emergency department, inpatient unit or partial hospitalization program) for suicidal thoughts or behaviors. Teens are eligible for three months after they leave the hospital.

### What does the study include?

Teens and one parent will complete three phases of the study that, in total, last for 1 month:

- Phase 1: Teens and one parent will complete a one-time initial visit.
- Phase 2: Teens and one parent will complete short daily surveys on their phones for 1 month. During this time, teens will also wear a Fitbit-like watch to keep track of sleep.
- Phase 3: Teens and one parent will complete a final, brief follow-up phone interview and survey at the end of the study.

**What do I get for being in the study?** Teens will be paid for each part of the study – up to \$208 in cash and gift cards for participating. Parents also will be paid for each part of the study – up to \$150 in cash and gift cards for participating.

**To learn more, contact the Youth Risk & Resilience Lab  
regarding the “MARS Study”.**

**You can call: 757-683-4249 or Email: [glennlab@odu.edu](mailto:glennlab@odu.edu).**

**Additional information can be found by scanning the QR code.**



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